

# Pathway #3: 1-year cycle over 3 terms

Life to the Full Primary

## EYFS

### Preschool & Reception

| Term                   | Module and Unit        | Session Title                                      | Session Length                       |
|------------------------|------------------------|--|--------------------------------------|
| Autumn II              | EYFS, Module 1, Unit 1 | Story Sessions: <b>Handmade With Love</b>          | 5 x 5-10 minute sessions over 5 days |
|                        | EYFS, Module 1, Unit 2 | Session 1: <b>I Am Me</b>                          | 20 minutes                           |
|                        |                        | Session 2: <b>Heads, Shoulders, Knees and Toes</b> | 20 minutes                           |
|                        |                        | Session 3: <b>Ready Teddy?</b>                     | 20 minutes                           |
| Spring I               | EYFS, Module 1, Unit 3 | Session 1: <b>I Like, You Like, We All Like!</b>   | 20 minutes                           |
|                        |                        | Session 2: <b>All The Feelings!</b>                | 20 minutes                           |
|                        |                        | Session 3: <b>Let's Get Real</b>                   | 20 minutes                           |
|                        | EYFS, Module 1, Unit 4 | Session 1: <b>Growing Up</b>                       | 20 minutes                           |
| Spring II and Summer I | EYFS, Module 2, Unit 1 | Session 1: <b>Role Model</b>                       | 2 x 15-minute sessions               |
|                        | EYFS, Module 2, Unit 2 | Session 1: <b>Who's Who?</b>                       | 20 minutes                           |
|                        |                        | Session 2: <b>You've Got A Friend in Me</b>        | 20 minutes                           |
|                        |                        | Session 3: <b>Forever Friends</b>                  | 20 minutes                           |
|                        | EYFS, Module 2, Unit 3 | Session 1: <b>What is the Internet?</b>            | 20 minutes                           |
|                        |                        | Session 2: <b>Playing Online</b>                   | 20 minutes                           |
| Summer I               | EYFS, Module 2, Unit 4 | Session 1: <b>Safe Inside and Out</b>              | 20 minutes                           |

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|------------------|------------------------|---|----------------|
|                  |                        | Session 2: <b>My Body, My Rules</b>         | 20 minutes     |
|                  |                        | Session 3: <b>Feeling Poorly</b>            | 20 minutes     |
|                  |                        | Session 4: <b>People Who Help Us</b>        | 20 minutes     |
| <b>Summer II</b> | EYFS, Module 3, Unit 1 | Session 1: <b>God is Love</b>               | 20 minutes     |
|                  |                        | Session 2: <b>Loving God, Loving Others</b> | 20 minutes     |
|                  | EYFS, Module 3, Unit 2 | Session 1: <b>Me, You, Us</b>               | 20 minutes     |

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## KS1

### Year 1 & Year 2

| Term                               | Module and Unit       | Session Title                                   | Session Length                             |
|------------------------------------|-----------------------|---|--|
| Autumn II                          | KS1, Module 1, Unit 1 | Story Sessions: <b>Let the Children Come</b>    | 5 x 10-minute sessions over 5 days         |
|                                    | KS1, Module 1, Unit 2 | Session 1: <b>I Am Unique</b>                   | 30 minutes                                 |
|                                    |                       | Session 2: <b>Girls and Boys</b>                | 30-40 minutes                              |
|                                    |                       | Session 3&4: <b>Clean and Healthy (My Body)</b> | 75 minutes (to be split over two sessions) |
| Spring I                           | KS1 Module 1, Unit 3  | Session 1: <b>Feelings, Likes and Dislikes</b>  | 40 minutes                                 |
|                                    |                       | Session 2: <b>Feeling Inside Out</b>            | 30 minutes                                 |
|                                    |                       | Session 3: <b>Super Susie Gets Angry</b>        | 40 minutes                                 |
|                                    | KS1 Module 1 Unit 4   | Session 1: <b>The Cycle of Life</b>             | 30 minutes                                 |
|                                    |                       | Session 2: <b>Beginnings and Endings</b>        | 40 minutes                                 |
| Spring II                          | KS1, Module 2, Unit 1 | Session 1: <b>God Loves You</b>                 | 40 minutes                                 |
|                                    | KS1, Module 2, Unit 2 | Session 1: <b>Special People</b>                | 40 minutes                                 |
|                                    |                       | Session 2: <b>Treat Others Well...</b>          | 35 minutes                                 |
|                                    |                       | Session 3: <b>...and Say Sorry</b>              | 30 minutes                                 |
|                                    | KS1, Module 2, Unit 3 | Session 1: <b>Real Life Online</b>              | 40 minutes                                 |
| Session 2: <b>Rules To Help Us</b> |                       | 35 minutes                                      |  |

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| Term      | Module and Unit       | Session Title                                | Session Length                 |
|-----------|-----------------------|--|--------------------------------|
| Summer I  | KS1, Module 2, Unit 4 | Session 1: <b>Good and Bad Secrets</b>       | 35 minutes                     |
|           |                       | Session 2: <b>Physical Contact</b>           | 40 minutes (or 2 x 25 minutes) |
|           |                       | Session 3: <b>Harmful Substances</b>         | 30 minutes                     |
|           |                       | Session 4: <b>Can You Help Me? (Part 1)</b>  | 35 minutes                     |
|           |                       | Session 5: <b>Can You Help Me? (Part 2)</b>  | 35 minutes                     |
| Summer II | KS1, Module 3, Unit 1 | Session 1: <b>Three In One</b>               | 25 minutes                     |
|           |                       | Session 2: <b>Who is My Neighbour?</b>       | 30 minutes                     |
|           | KS1, Module 3, Unit 2 | Session 1: <b>The Communities We Live In</b> | 35 minutes                     |

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## LKS2

### Year 3 & Year 4

| Term                            | Module and Unit       | Session Title  | Session Length                          |                                    |
|---------------------------------|-----------------------|--|---|------------------------------------|
| Autumn II                       | LKS2 Module 1, Unit 1 | Story Sessions: <b>Get Up!</b>   | 5 x 15-minute sessions over 5 days      |                                    |
|                                 |                       | Session 2: <b>The Sacraments</b>                                       | 40 minutes                              |                                    |
|                                 | LKS2 Module 1, Unit 2 | Session 1: <b>We Don't Have to be the Same</b>                         | 40 minutes                              |                                    |
|                                 |                       | Session 2: <b>Respecting our Bodies</b>                                | 40 minutes                              |                                    |
|                                 |                       | Session 3: <b>What is Puberty?</b>                                     | 40 minutes                              |                                    |
|                                 |                       | Session 4: <b>Changing Bodies</b> Year 4 only                          | 40 minutes                              |                                    |
|                                 |                       | Session 5: <b>Male/Female Discussion Groups (optional)</b> Year 4 only | 45 minutes                              |                                    |
|                                 | Spring I              | LKS2 Module 1, Unit 3  | Session 1: <b>What Am I Feeling?</b>    | 40 minutes                         |
|                                 |                       |  | Session 2: <b>What Am I Looking At?</b> | 35 minutes                         |
| Session 3: <b>I Am Thankful</b> |                       |  | 40 minutes                              |                                    |
| LKS2 Module 1, Unit 4           |                       | Session 1: <b>Life Cycles</b>  | 40 minutes                              |                                    |
|                                 |                       | Session 2: <b>A Time For Everything</b>                                | 45 minutes                              |                                    |
| Spring II                       |                       | LKS2 Module 2, Unit 1  | Story Sessions: <b>Jesus, My Friend</b> | 4 x 15-minute sessions over 4 days |
|                                 | LKS2 Module 2, Unit 2 | Session 1: <b>Family, Friends and Others...</b>                        | 45 minutes                              |                                    |
|                                 |                       | Session 2: <b>When Things Feel Bad</b>                                 | 45 minutes                              |                                    |

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|------------------|-----------------------|--|----------------|
|                  | LKS2 Module 2, Unit 3 | Session 1: <b>Sharing Online</b>             | 35 minutes     |
|                  |                       | Session 2: <b>Chatting Online</b>            | 35 minutes     |
| <b>Summer I</b>  | LKS2 Module 2, Unit 4 | Session 1: <b>Safe In My Body</b>            | 45 minutes     |
|                  |                       | Session 2: <b>Drugs, Alcohol and Tobacco</b> | 45 minutes     |
|                  |                       | Session 3: <b>First Aid Heroes</b>           | 45 minutes     |
| <b>Summer II</b> | LKS2 Module 3, Unit 1 | Session 1: <b>A Community of Love</b>        | 40 minutes     |
|                  |                       | Session 2: <b>What is the Church?</b>        | 35 minutes     |
|                  | LKS2 Module 3, Unit 2 | Session 1: <b>How Do I Love Others?</b>      | 45 minutes     |

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## UKS2

### Year 5 & Year 6

| Term      | Module and Unit       | Session Title   | Session Length                     |
|-----------|-----------------------|---|------------------------------------|
| Autumn II | UKS2 Module 1, Unit 1 | Story Sessions: <b>Calming the Storm</b>  | 5 x 15-minute sessions over 5 days |
|           | UKS2 Module 1, Unit 2 | Session 1: <b>Gifts and Talents</b>   | 60 minutes                         |
|           |                       | Session 2: <b>Girls' Bodies</b>   | 60 minutes                         |
|           |                       | Session 3: <b>Boys' Bodies</b>  | 60 minutes                         |
|           |                       | Session 4: <b>Spots and Sleep</b>   | 60 minutes                         |
| Spring I  | UKS2 Module 1, Unit 3 | Session 1: <b>Body Image</b>  | 60 minutes                         |
|           |                       | Session 2: <b>Peculiar Feelings</b>   | 60 minutes                         |
|           |                       | Session 3: <b>Emotional Changes</b>   | 60 minutes                         |
|           |                       | Session 4: <b>Seeing Stuff Online</b>   | 60 minutes                         |
|           | UKS2 Module 1, Unit 4 | Session 1: <b>Making Babies (Part 1)</b>  | 60 minutes                         |
|           |                       | Session 2: <b>Making Babies (Part 2)</b><br>May be omitted or may be set as a homework task with parents. | 60 minutes                         |
|           |                       | Session 3: <b>Menstruation</b>  | 60 minutes                         |
| Spring II | UKS2 Module 1, Unit 4 | Session 4: <b>Hope Beyond Death</b>   | 60 minutes                         |
|           | UKS2 Module 2, Unit 1 | Session 1: <b>God Is Calling You</b>  | 60 minutes                         |
|           | UKS2 Module 2, Unit 2 | Session 1: <b>Under Pressure</b>  | 60 minutes                         |

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|--|-----------------------|--|------------------------------------|
|  |                       | Session 2: <b>Do You Want A Piece of Cake?</b> | 60 minutes                         |
|  |                       | Session 3: <b>Self-Talk</b>                    | 60 minutes                         |
|  |                       | Session 4: <b>Build Others Up</b> Year 6 only  | 60 minutes                         |
| <b>Summer I</b>                            | UKS2 Module 2, Unit 3 | Session 1: <b>Sharing Isn't Always Caring</b>  | 60 minutes                         |
|  |                       | Session 2: <b>Cyberbullying</b>                | 60 minutes                         |
|  | UKS2 Module 2, Unit 4 | Session 1: <b>Types of Abuse</b>               | 60-90 minutes                      |
|  |                       | Session 2: <b>Impacted Lifestyles</b>          | 60 minutes                         |
|  |                       | Session 3: <b>Making Good Choices</b>          | 60 minutes                         |
|  |                       | Session 4: <b>Giving Assistance</b>            | 60 minutes                         |
|  | <b>Summer II</b>      | UKS2 Module 3, Unit 1                          | Session 1: <b>The Holy Trinity</b> |
| Session 2: <b>Catholic Social Teaching</b> |                       |  | 60 minutes                         |
| UKS2 Module 3, Unit 2                      |                       | Session 1: <b>Reaching Out</b>                 | 60 minutes                         |