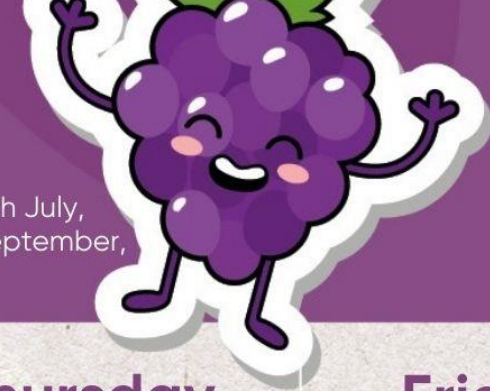


Twelve 15

Week 1

SPRING SUMMER 2024 MENU

Weeks Starting:
15th April, 6th May,
3rd June, 24th June, 15th July,
9th September, 30th September,
21st October



Monday

Option 1



Cheese and Tomato Pizza with Potato Wedges

Option 2



Cheese and Five Bean Tomato Pasta

Option 3

Jacket Potato with Cheese and Beans

Vegetable:

Seasonal Vegetables, Salad Bar, Fresh Bread

Dessert:



Chocolate Cookie

Tuesday

Option 1

Pork Sausages with Creamed Potato and Gravy

Option 2



Quorn Sausage with Creamed Potato and Gravy

Option 3

Cheese Wrap

Vegetable:

Seasonal Vegetables, Salad Bar, Fresh Bread

Dessert:



Fresh Dairy Yoghurt

Wednesday

Option 1

Roast Chicken with Roast Potatoes and Gravy

Option 2



Roasted Vegetable Parcel with Roast Potatoes and Gravy

Option 3

Pesto Pasta

Vegetable:

Seasonal Vegetables, Salad Bar, Fresh Bread

Dessert:



Fresh Fruit Salad with Crème Fraiche

Thursday

Option 1

Chicken Korma Curry with Rice

Option 2



Oriental Vegetable Noodles

Option 3

Cheese and Ham Wrap

Vegetable:

Seasonal Vegetables, Salad Bar, Fresh Bread

Dessert:



Apple Sponge with Custard

Friday

Option 1

Harry Ramsden's Fish with Oven Chips

Option 2



Garden Vegetable Goujons with Oven Chips

Option 3

Pesto Pasta

Vegetable:

Seasonal Vegetables, Salad Bar, Fresh Bread

Dessert:



Vanilla Ice Cream

Vegetarian Contains a minimum of 50% fruit

Twelve 15

Week 2

SPRING SUMMER 2024 MENU

Weeks Starting:
22nd April, 13th May,
10th June, 1st July, 22nd July,
16th September, 7th October



Monday

Option 1



Vegan Sausage Roll with Potato Wedges

Option 2



Potato, Leek and Cheese Pie

Option 3

Jacket Potato Beans and Cheese

Vegetable:

Seasonal Vegetables, Salad Bar, Fresh Bread

Dessert:



Shortbread Biscuit with Fresh Fruit Slices

Tuesday

Option 1

Chicken and Sweetcorn Meatballs in Tomato Sauce with Spaghetti

Option 2



BBQ Meat Free Meatballs with Spaghetti

Option 3

Cheese Wrap

Vegetable:

Seasonal Vegetables, Salad Bar, Fresh Bread

Dessert:



Fresh Dairy Yoghurt

Wednesday

Option 1

Roast Gammon with Roast Potatoes and Gravy

Option 2



Glamorgan Sausage with Roast Potatoes and Gravy

Option 3

Pesto Pasta

Vegetable:

Seasonal Vegetables, Salad Bar, Fresh Bread

Dessert:



Chilled Melon Slice

Thursday

Option 1

Fruity Caribbean Chicken with Rice

Option 2



Caribbean Quorn Fajitas

Option 3

Cheese and Ham wrap

Vegetable:

Seasonal Vegetables, Salad Bar, Fresh Bread

Dessert:



Chocolate Sponge with Chocolate Sauce

Friday

Option 1

Fish Fingers with Oven Chips

Option 2



Cheese and Tomato Pizza Swirl with Oven Chips

Option 3

Pesto Pasta

Vegetable:

Seasonal Vegetables, Salad Bar, Fresh Bread

Dessert:



Twin Ice Lolly

Vegetarian Contains a minimum of 50% fruit

Twelve15

Week 3

SPRING SUMMER 2024 MENU

Weeks Starting:

29th April, 20th May,
17th June, 8th July,
2nd September, 23rd September,
14th October



Monday

Option 1



Chef's Choice of Pasta

Option 2



Mediterranean Vegetables with Couscous

Option 3

Jacket Potato Beans and Cheese

Vegetable

Seasonal Vegetables, Salad Bar, Fresh Bread

Dessert:



Fresh Dairy Yoghurt

Tuesday

Option 1

Italian Style Chicken Goujons with Oven Chips

Option 2



Southern Style Quorn Burger with Oven Chips

Option 3

Cheese Wrap

Vegetable

Seasonal Vegetables, Salad Bar, Fresh Bread

Dessert:



Banana Sponge with Custard

Wednesday

Option 1

Roast Chicken with Roast Potatoes and Gravy

Option 2



Vegan Sausage Cutlet with Roast Potatoes and Gravy

Option 3

Pesto Pasta

Vegetable

Seasonal Vegetables, Salad Bar, Fresh Bread

Dessert:



Orange and Mandarin Jelly with Crème Fraiche

Thursday

Option 1

Beef Lasagne

Option 2



Summer Vegetable Lasagne

Option 3

Cheese and Ham wrap

Vegetable

Seasonal Vegetables, Salad Bar, Fresh Bread

Dessert:



Lemon Shortbread Biscuit

Friday

Option 1

Harry Ramsden's Fish with Oven Chips

Option 2



Vegetable Fingers with Oven Chips

Option 3

Pesto Pasta

Vegetable

Seasonal Vegetables, Salad Bar, Fresh Bread

Dessert:



Raspberry Ripple Vanilla Ice Cream Sponge Roll



Vegetarian



Contains a minimum of 50% fruit